

Family and Senior Hamper and Gift Guidelines



Food Hamper

The following items, **MUST** be included in the hamper (unless otherwise specified by your matched Family or Senior), as well as any other additions you would like to add. This food is meant to help them throughout the Christmas Season as well as provide a bountiful Christmas dinner.

Turkey/Ham/Roast	Rice
Pasta & Pasta Sauce	Coffee/Tea/Hot Chocolate
Pancake Mix & Syrup	Fresh Fruits & Vegetables
Flour & Sugar	Milk, Eggs and Cheese
Soup & Crackers	Juice
Peanut butter & Jam	Breads & Buns
Margarine/Butter Cereal	A Dessert
Stuffing Mix	

Keep in mind family size and ages of family members when buying portions especially perishable items (i.e. 4 L jug of milk for a family vs. 2 L jug of milk for a senior).

Gifts

Each sponsor is asked to provide the family members with gifts. These are the minimum guidelines:

One major gift (\$50) for each child (i.e. remote control car)

One small gift (\$15-20) per child (i.e. DVD movie)

We also ask for you to provide one small gift for each adult (including seniors). The amount is up to you, something that can make them feel special and cared for as well.

Gift Cards may be given for both food and gifts if you like
All gifts MUST be new and unopened

Thank You for Generosity, have Fun shopping for you family!